WE CLAIM:

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. [] 1. \ A stable suspension comprising,

a nutrient selected from the group consisting of (a) an isoflavone, (b) lycopene,

(c) lutein, (d) Coenzyme on, were n is integer of 1 to 12; and (e) a mixture of any of the foregoing nutrients;

a nutrient stabilizer; and

an aqueous solvent system.

- 2. The suspension as defined in claim 1 where in said stabilizer is selected for the group consisting of (all alecithin, (b') a hydrocolloid, (c') a surfactant, (d') a Dowicil and (e') a mixture of any of the foregoing stabilizers.
- 3. The suspension as defined in claim 2 wherein said lecithin is selected from the group consisting of a lecthin derived from soybean or egg.
- 4. The suspension as defined in claim 2 wherein said hydrocolloid is selected from the group consisting of xanthan gum, a pectin, gelatin, guar gum, carrageenan, methylcelluloses, hydroxypropyl celluloses, gum arabic and a mixture of the foregoing hydrocolloids.
- 5. The suspension as defined in claim 2 wherein said surfactant is selected from the group consisting of cetylpyridinium chloride, polysorbate 80, sorbitan monostearate, a polyglycerol ester, a block copolymer of propylene oxide, ethylene oxide and a mixture of any of the foregoing surfactants.
- 6. The suspension as defined in daim 3 wherein said stabilizer comprises said Dowicil.



- 7. A method of making a stabilized aqueous suspension of a nutrient which comprises:
- (a) combining the nutrient with an aqueous medium to form an aqueous mixture;
 - (b) combining a nutrient stabilizer with the nutrient; and
- (c) microfluidizing said aqueous mixture before or after step (b), above, to form the stabilized aqueous suspension.
- 8. The method as defined in claim 7 wherein the nutrient is selected form the group consisting of (a) an isoflavone, (b) lacopene, (c) lutein, (d) Coenzyme Q_n, were n is integer of 1 to 12; and (d a mixture of any of the foregoing nutrients.
- 9. The method as defined in claim 7 wherein said nutrient stabilizer is selected from the group consisting of (a') a lecthin, (b') a hydrocolloid, (c') a surfactant, (d') a Dowicil and (e') a mixture of any of the foregoing stabilizers.
- 10. The method as defined in claim 9 wherein said lecithin is selected from the group consisting of a lecithin derived from soybean or egg.
- 11. The method as defined in claim 9 wherein said hydrocolloid is selected from the group consisting of xanthan gum, a pectin, gelatin, guar gum, carrageenan, a methylcellulose, an hydroxypropyl cellulose, gum arabic and a mixture of the foregoing hydrocollids.
- 12. The method as defined in claim 9 wherein said surfactant is selected from the group consisting of cetylpyridinium chloride, polysorbate 80, sorbitan monostearate, a polyglycerol ester, a block copolymer of propylene oxide, ethylene oxide and a mixture of any of the foregoing surfactants.





13. The method as refined in claim 9 wherein said stabilizer comprises said

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Dowicil.

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